

# CHURCH FAMILY VOLLEYBALL

## RULES of the GAME

- 1) The Church Family Ministry involves all ages. Be mindful of your conduct and attitude. We are called to glorify God in all we do. (PHILIPPIANS 2:5-1)
- 2) If you are able to help set-up, please do and THANK YOU, otherwise please do not warm up until all the helpers are out of the way.
- 3) Before each game, all participants will come together for announcements and opening prayer, than each team will go to the their designated sides of the court and share any praises to God and pray as a team with their church volleyball family/team.
- 4) A service volley will decide which team serves first serve. (Referee must be present)
- 5) All players rotate in. (9) Players on the court on each side in rows of three. The ninth player on the court serves first. When finished, they rotate out before the other side serves. The ball is served behind the line. Children (10-14 years old) are allowed to take *one giant step forward* over the serving line and receive a 2<sup>nd</sup> chance if their 1<sup>st</sup> serve does not make it over the net! **Game Point will be at 21. A game will be forfeited if less than 7 players on a team show up or a team does not have a combination of at least (3) women or children.** The win (game points) will then be awarded to the other team.
- 6) **NO SPIKING!** Blocking the serve is allowed.
- 7) *A referee will make ALL the calls, oversee the games and keep score.*  
A ball is “dead” when it:
  - \*Touches the ceiling net on a serve.
  - \*Touches the net when served.
  - \*Lands beyond the serving line when served or volleyed.
  - \*Lands on the floor inside the court.
  - \*Lands outside the sidelines.
  - \*Is Palmed or Lifted (referee makes this call)
  - \*Is “Set” more than 3 times on one side.

***ALL CALLS BY THE REFEREE ARE FINAL!***

- 8) Each match on game day will consist of three games. Teams will receive one point for each win. A maximum of 3 points can be earned for a team on game day! If the first two games run long, **the third game must be started**, and the points scored will establish the winner. Example: Zero time is left on the clock to play the third game. Team 1 serves once and receives the point. Team 2 serves once and loses the point. Team 1 wins. Each team will get at least one chance to serve.

***\*For questions/comments contact the Sports Commissioner at 650-266-4487***

*Church of the Highlands*  
**CODE of ETHICS and CONDUCT**

**ALL PLAYERS AND/OR OBSERVERS MUST ABIDE BY THE FOLLOWING REGULATIONS:**

- 1) Our goal is to conduct ourselves in a manner glorifying to Christ, our faith and our church.
- 2) Show respect for players, officials and other team captains.
- 3) Respect the integrity and judgment of the umpires/referees.
- 4) Establish and model fair play, sportsmanship and proper conduct.
- 5) Participate and encourage a positive effort in assisting to control the conduct of the spectators.
- 6) Voice no public criticism of other teams, players and/or officials except as provided in code #7.
- 7) Follow the Matthew 18 rule in expressing criticism or concern.

**Step #1)** Go alone to the person who has offended you and respectfully endeavor to resolve the issue or clear any misunderstanding.

**Step #2)** If that does not resolve the situation, then bring it before the Commissioner who represents the Church and this Family Ministry.

**Thank you and God bless,**

**Church of the Highlands  
Family Ministries**